

ABSTRACT

The present invention relates to a composition for promoting bacterial proliferation for selectively proliferating *Lactobacillus casei* subsp. *casei*, which includes a dextran. According to the present invention, a variety of biological activities originated from *L. casei* subsp. *casei* can be sustained in a living body by selectively growing-proliferating and colonizing *L. casei* subsp. *casei* in the intestine of a human being, animal, or the like or by selectively growing-proliferating *L. casei* subsp. *casei* in the intestine, without supplying *L. casei* subsp. *casei* at all times.